



# 45<sup>th</sup> Nissen Cup 2008 Junior Competition

## 19<sup>th</sup> to 21<sup>st</sup> June 2008 Arosa, Switzerland

**FIG SANCTIONED EVENT**

### **DIRECTIVES**

#### **1. Categories**

##### **Individual**

- Junior Girls (International B girls between 1991 and 1995)
- Junior Boys (International B boys between 1991 and 1995)

##### **Synchro**

- Junior Girls (International B girls between 1991 and 1995)
- Junior Boys (International B boys between 1991 and 1995)

#### **2. Eligibility**

Gymnasts from FIG affiliated federations and clubs from those federations. If the entries are made by a club of these federations, the acceptance for participation of the respective national federation, according to the FIG rules, is needed. Please note that as per FIG regulations, junior athletes must be between 13 to 17 years old (between 1991 and 1995), subject to the 17 year old not having participated in any open category (senior/adult) of World Championships, Continental Championships, and World Cup Series. Younger athletes will NOT be authorized. For Swiss participants test 5 or 6 is mandatory.

#### **3. Provisional Schedule**

**Wednesday June 18<sup>th</sup> 2008**

All day Arrival of delegations and officials, accreditation

#### **Thursday June 19<sup>th</sup> 2008**

All day Arrival of delegations and officials, accreditation

08.00 - 09.30	Junior free training
17.00 - 21.00	Junior free training
19.00	Junior Orientation meeting followed by drawing of lots
19.30	Junior judges meeting and draw

#### **Friday June 20<sup>th</sup> 2008**

08.30 - 09.50	Junior synchro general warm up
10.00 - 10.50	Junior synchro - qualification round

#### **Saturday June 21<sup>st</sup> 2008**

08.00 - 09.50	Junior general warming up
10.00 - 12.30	Junior individual - qualification round
12.30 - 13.20	Junior training for finalists
13.30 - 15.00	Junior finals
	Individual junior girls & junior boys
	Synchro junior girls & junior boys
	Junior award ceremony
19.30	Banquet

#### **Sunday June 22<sup>nd</sup> 2008**

All day Departure of delegations and officials

The detailed schedule will be sent to you by the beginning of June 2008.

### **4. Competition & Equipment**

According to valid FIG regulations and rules.

Juniors:	according to FIG Youth Championships regulations and rules
Finale:	- the final starts from zero
	- two thirds of the number of competitors from the qualifications, but max. 8
	- plus 1 Swiss competitor per category, if not already 1 qualified
Equipment:	6 x EUROTRAMP Grand Master Exclusive Premium 4/6mm

### **5. Medals & Prices**

1<sup>st</sup> – 3<sup>rd</sup> of each category one medal each

All participants in all categories will receive a diploma.

If two or more participants achieve the same score, the tie breaking rules according to the valid FIG regulations will be used.

### **6. National Anthem and National Flag**

On the day of arrival each Head of Delegation has to deliver his/her national anthem and national flag (150x100cm) to the accreditation office. During the closing banquet these will be returned to the delegation.

### **7. Accommodation**

Accommodation is offered in hotels and "Backpacker's" near the competition hall. Only a limited number of single rooms, triple rooms and beds at "Backpacker's" are available. Reservations are made on first come first served basis. The Organizing Committee is reserving the right to change reservations into double rooms, in which case the relevant Club/Federation will be informed. They will have to pay the additional costs.

**Important note:** For lodging at the same hotels as the World Cup Competitors, the hotel prices are valid as announced in the "Directives for the World Cup Competition. Please do not hesitate to contact the organizing committee in case of any questions.

Accommodation prices include local public transport in Arosa, hotel, breakfast, dinner. The meals will be served at the respective hotel.

**“Backpacker’s” (only a limited number of beds are available):**

40 EUR per person per night in double, triple and quadruple rooms (all with shared bathrooms).

**Hotel prices are per room, per night and include half board**

Single Room: 80 EUR  
Double Room: 120 EUR  
Triple Room: 165 EUR

All reservations must be made with the enclosed booking forms.

**8. Catering**

Additional meals (lunch) can be ordered for 12 EUR with the entry forms or can be bought at the accreditation desk after arrival.

**9. Banquet**

On Saturday 21<sup>st</sup> June 2008 at 19:30h a banquet will be organized. Tickets for the banquet can be ordered for 25 EUR with the entry forms.

**10. Fees**

**Entry Fees**

Individual: EUR 30.00 per competitor  
Synchro: EUR 30.00 per synchro pair

**11. Judges**

Each federation/club must provide at least the following number of judges with a valid FIG brevet:

**1-10 competitors = 1 judge**  
**11-20 competitors = 2 judges**  
**As from 21 competitors = 3 judges**

Only judges with a valid FIG brevet are allowed. Delegations not complying with these rules are required to pay 300 Euro upon arrival per missing judge. The judges are to be named on your entry form. All judges must participate in the judges meetings. If the judge fails to participate in the judges meeting, the delegation has to pay the fine for failure to send a judge.

**12. Payment**

At the time of the nominative entry (10<sup>th</sup> May 2008) 100% of the accommodation costs and 100% of the entry fee must be paid to this bank account:

**Arosa Tourismus**

**Graubündner Kantonalbank, CH-7050 Arosa**

**Account: CK 194.169.002/EUR**

**SWIFT-Code: GRKB CH 2270A**

**IBAN: CH37 0077 4110 1941 6900 2**

The entry fee is not refundable. The accommodation is only refundable, provided cancellations are made at least prior to 1st June 2008. Late entries and entries without payment of entry fee and accommodation will not be accepted.

**13. Internet**

Please find further information at: [www.swiss-trampoline.org](http://www.swiss-trampoline.org) and [www.arosa.ch](http://www.arosa.ch)

## 14. Entries

**Definitive Entry:**

**10<sup>th</sup> April 2008**

**Nominative Entry:**

**10<sup>th</sup> May 2008**

**Please send to:**

**SWISS GYMNASTICS FEDERATION**

**Secretary of sport elite**

**Bahnhofstrasse 38**

**CH- 5000 Aarau / Switzerland**

**Fax: +41 62 837 82 44**

**E-Mail: [silvia.fueglistaler@stv-fsg.ch](mailto:silvia.fueglistaler@stv-fsg.ch)**

Nominative entries will not be accepted without prior definitive entry. Additional late entries may only be accepted after agreement by the organizing committee (depending on number of already registered participants). In this case the entry fee will be doubled. Participation will only be permitted after payment of the total of all costs.

## 15. Travel to Arosa (at your own cost)

The organizing committee can offer transport from/to Zurich Airport at the price of 65€ per person.

### How to get to Arosa:

**by train:** International trains to Chur, than by RhB-Arosa Train comfortably in 60 minutes to Arosa.

**by car:** From Chur in approx. 45 minutes on a narrow winding road upward (30 km, 360 curves, 1320 meter elevator difference).

**Bus:** Max width 2.3 m; height 4.0 m; weight 18 tons.

**by Airplane:** to Zurich-Airport, then with Intercity train to Chur and finally by RhB-Arosa Train comfortably in 60 minutes to Arosa.

For route planning see: [www.map24.ch](http://www.map24.ch)

Please complete the arrival and departure details on the respective entry form.

### Address of competition hall:

**Eissporthalle**

**Poststrasse**

**CH-7050 Arosa**

**SWITZERLAND**

## 16. Insurance

Federations and clubs are obliged to cover the expense of insurance for members of their delegations (illness, accident and repatriation). See the Regulations concerning "insurance" art. 12.10 of the FIG Technical Regulations. The Organizing Committee, the Swiss Gymnastics Federation and the FIG cannot be held responsible for any liabilities in case of accidents and the like. Every delegation has to bring a proof of insurance, which will be checked at the accreditation, for all the athletes and officials. Therefore all competitors, officials and tourists must make their own arrangements as to insurance.

Damages caused by participating delegations will be invoiced to the relevant Club/Federation, and the FIG will be informed accordingly.

## **17. Visas**

Please check immediately if a visa is required for your travel to Switzerland. Upon request, the Swiss Gymnastics Federation will assist in issuing visas for all delegations. The following information should be sent to the Swiss Gymnastics Federation for each member of the delegation: Full Name, Date of Birth, Passport Number and Date of Expiration of Passport.

## **18. Questions**

### **SWISS GYMNASTICS FEDERATION**

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Bahnhofstrasse 38  
CH- 5000 Aarau / Switzerland  
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E-Mail: [silvia.fueglistaler@stv-fsg.ch](mailto:silvia.fueglistaler@stv-fsg.ch)

### **Organizing Committee:**

OK Nissen Cup 2008  
Arosa Tourism, Sport Office  
Poststrasse  
CH-7050 Arosa  
Phone: +41 81 378 70 29  
Fax: +41 81 378 70 21  
E-mail: [sport@arosa.ch](mailto:sport@arosa.ch)

### **Technical Contact Address:**

Swiss Gymnastics Federation  
Daniel Meier, Head of Trampoline  
Turnerstrasse 10  
CH-8006 Zurich, Switzerland  
Tel: +41 44 364 18 36  
Mobile: +41 79 405 75 93  
E-Mail: [nissencup@swiss-trampoline.org](mailto:nissencup@swiss-trampoline.org)